

## Instructions for patients requiring a Covid-19 Test before admission



*You (or your child and their designated carer/parent) will need to provide a negative Covid-19 test before your admission to our hospital. This is to help us keep you, our hospital and patients/staff safe during this pandemic.*

Please arrange a saliva test before your admission:

Day of Admission	When to Test
Monday	Friday AM
Tuesday	Saturday AM
Wednesday	Monday AM
Thursday	Tuesday AM
Friday	Wednesday AM

**Please Note: *If the above timeframes are not met, it is highly likely that we will need to defer your surgery.***

*Five days before your day of surgery, you will receive a text message from the hospital asking you to check your emails. Please do not reply to this text. The email you receive will outline how to obtain your test. However, more information is outlined here:*

### IMPORTANT INFORMATION:

- Wear a mask when you arrive at the test centre
- Do not eat, drink, chew gum, brush your teeth, use mouth wash, smoke or vape for one hour before the test
- No water for 30 minutes before the test

For assistance with the booking process please contact:  
**support@rakoscience.com** or call **0800 122 355** during business hours

### Instructions for a Saliva Test:

1. When you receive the message from Grace Hospital, please **immediately** follow the instructions to **register and book a saliva test for the day specified** with our provider, **Rako Science**.
2. There are a number of sites you can go to for the test, which you will find on the Rako Science website detailed in your email from Grace Hospital.  
If you live outside an area where Saliva Testing is available, the alternative is to have a NOSE SWAB at a test centre no more than 3 days before your admission. The timeframe is important so that the test result is available in time.  
Go to [covid19.govt.nz](https://www.covid19.govt.nz) to search for a local testing centre
3. There is a reduced charge for Grace Hospital patients of \$115 for the test (and this may be claimed back via health insurance for some policies).
4. Some ACC and DHB patients will receive a coupon with the sign up invitation which can be entered in the payment section to cover the cost of the test.
5. Please book your saliva test for the **morning of the day specified**. If this is not possible, **please contact the hospital directly**

### RESULTS:

- Results will be available in 12-24 hours and will be password protected by your NHI number
- Please bring these on your phone or paper on your day of admission.
- **If you receive a positive result please contact your surgeon's office and Grace Hospital pre-assessment team 07 577 5222 immediately**