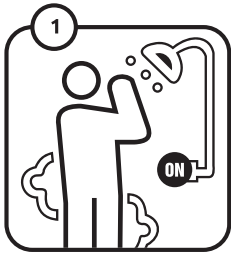


# HOW TO APPLY CHLORHEXIDINE WASH

(Do not use if you have an allergy to Chlorhexidine or Savlon)

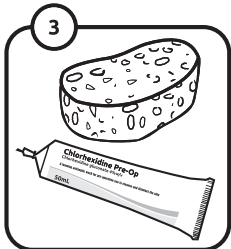


## WASH

Wet your body thoroughly under the shower

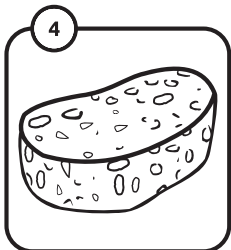


Turn off the shower

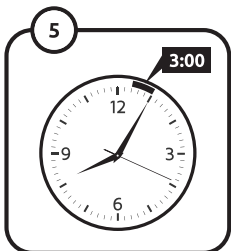


## APPLY

Use 1 sponge to apply the Chlorhexidine wash

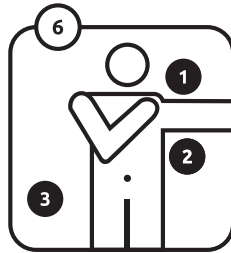


Start at the surgical site and work outwards, following the surgery-specific order provided in diagrams 6, 7, 8, 9 or 10



## APPLICATION

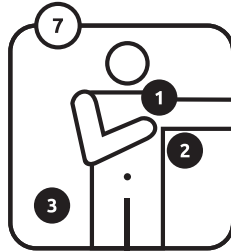
The application process should take 3 minutes



## SURGERY-SPECIFIC APPLICATION IN ORDER

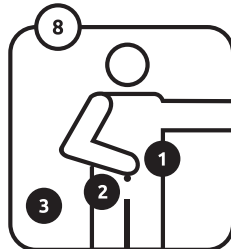
### SHOULDER SURGERY

1. Shoulder
2. Underarms
3. Rest of body working outwards



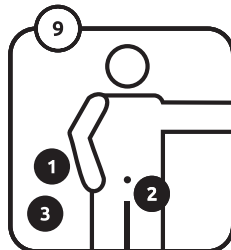
### BREAST SURGERY

1. Breast
2. Underarms
3. Rest of body working outwards



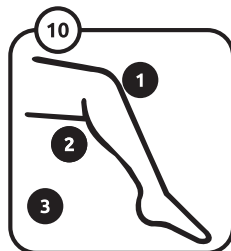
### ABDOMINAL SURGERY

1. Abdomen
2. Wash belly-button thoroughly
3. Rest of body working outwards



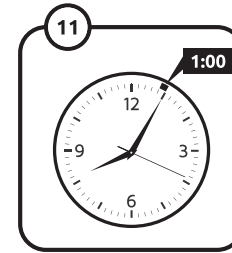
### HIP SURGERY

1. Outer hip
2. Groin
3. Rest of body working outwards



### KNEE SURGERY

1. Front of knee
2. Crease behind the knee
3. Rest of body working outwards



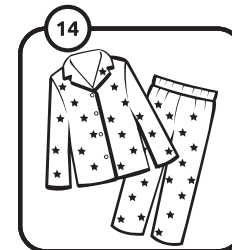
Once fully applied, wait a further 1 minute



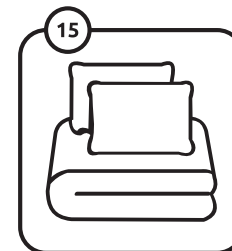
Rinse off thoroughly under the shower



Dry yourself with a clean towel



Put on clean clothes or pyjamas



Use clean sheets on your bed